

HYDRATION TEST

SKIN PINCH TEST

Directions: Pinch skin on horse's point of shoulder and watch how quickly it returns to normal

Skin Snap Back Time

Normal Hydration: 0-2 seconds

Moderately Dehydrated: 2-4 seconds

Severely Dehydrated: 4+ seconds



CAPILLARY REFILL TEST

Directions: Lift up your horse's upper lip and press your thumb firmly against gum for 2 seconds. Remove thumb and watch how quickly it changes from white to pink. Mucous membranes should be PINK, MOIST and SHINY

Colour Return Time

Normal Hydration: 0-2 seconds

Dehydrated: 3+ seconds

